The BIOCARD Study

Biomarkers of Cognitive Decline
Among Normal Individuals

Leisure Activities Champs
Limited Dataset

Glossary of Terms

Term	Description
Allowable Codes	codes (and their meanings) allowed to be values for that variable
Audit Findings	error rates based on BIOCARD or NIH phase audits error rates are calculated as number of errors / total number of variables examined
Baseline visit	date admitted to NIH phase of BIOCARD study *[Note: some data may have been collected prior to this date]*
Collection	when the variable information was collected (i.e., Baseline, Follow-up)
Comments	further information about the variable not covered in the above fields
Data Type	numeric or character *[Note: Dates are numeric data]* numeric or character classifications are strictly related to how the data are stored and not how the data should be analyzed
JHU phase	the study phase at JHU from 2009 - present
Missing OK If	instances (such as skips) or reasons why a blank or missing value is acceptable
NA	not applicable for this variable
NIH / NIH phase	the study phase that was performed at the NIH from 1995-2005
Question Text	the question as it appears on the NACC or BIOCARD data collection forms
Short Description	a short explanation of what the variable means
Source	the name of the NACC form, BIOCARD form, or NIH dataset containing the variable information (or "DERIVED" if the variable was derived) and the variable question number located on the form or in the dataset, if applicable
Unknown Code	the codes for the "unknown", "don't know", or missing values for the variable
Variable Name	the name of the variable in the provided dataset *[Note: Variables will follow the NACC naming scheme as closely as possible]*

Acronyms and Definitions

AD	Alzheimer's Disease	JHU	The Johns Hopkins University
CDR	Clinical Dementia Rating	MCI	Mild Cognitive Impairment
CERAD	Consortium to Establish a Registry for Alzheimer's Disease	MMSE	Mini-Mental State Examination
CNS	Central Nervous System	NACC	National Alzheimer's Coordinating Center
CSF	Cerebrospinal Fluid	NIA	National Institute on Aging
CVD	Cardiovascular Disease	NINDS	National Institute of Neurological Disorders and Stroke
CVLT	California Verbal Learning Test	NPI-Q	Neuropsychiatric Inventory Questionnaire
FAQ	Functional Assessment Questionnaire	UPDRS	Unified Parkinson's Disease Rating Scale
FTD	Frontotemporal Degenerations	WAIS	Wechsler Adult Intelligence Scale
GDS	Geriatric Depression Scale	WMS	Wechsler Memory Scale

Leisure Activities Champs Limited Dataset Characteristics

Number of variables: 127

Order of variables:

1)	JHUANONID	*Participant ID Anonymized by JHU*
2)	VISITNO	*Chronological visit number*
3)	MOFROMBL	*Months since baseline visits*
4)	B11101a	*Visit with friends or family (other than those you live with)*
5)	B11101a_freq	*Visit rate per week*
6)	B11101b	*Total hours a week*
7)	B11102a	*Go to the senior center*
8)	B11102a_freq	*Go to the senior center rate per week*
9)	B11102b	*Total hours a week*
10)	B11103a	*Do volunteer work*
11)	B11103a_freq	*Do volunteer work rate per week*
12)	B11103b	*Total hours a week*
13)	B11104a	*Attend church or take part in church activities*
14)	B11104a_freq	*Attend church or take part in church activities rate per week*
15)	B11104b	*Total hours a week*
16)	B11105a	*Attend other club or group meetings*
17)	B11105a_freq	*Attend other club or group meetings rate per week*
18)	B11105b	*Total hours a week*
19)	B11106a	*Use a computer*
20)	B11106a_freq	*Use a computer rate per week*
21)	B11106b	*Total hours a week*
22)	B11107a	*Dance (such as square, folk, line, ballroom)*
23)	B11107a_freq	*Dance rate per week*
24)	B11107b	*Total hours a week*
25)	B11108a	*Do woodworking, needlework, drawing, or other arts or crafts*
26)	B11108a_freq	*Do woodworking, needlework, drawing, or other arts or crafts rate per week*
27)	B11108b	*Total hours a week*

28) B11109a   *Play golf, carrying or pulling your equipment (walking time only)*

29) B11109a_freq   *Play golf, carrying or pulling your equipment rate per week*

30) B11109b   *Total hours a week*

31) B11110a   *Play golf, riding a cart (walking time only)*

32) B11110a_freq   *Play golf, riding a cart rate per week*

33) B11110b   *Total hours a week*

34) B11111a   *Attend a concert, movie, lecture, or sport event*

35) B11111a_freq   *Attend a concert, movie, lecture, or sport event rate per week*

36) B11111b   *Total hours a week*

37) B11112a   *Play cards, bingo, or board games with other people*

38) B11112a_freq   *Play cards, bingo, or board games with other people rate per week*

39) B11112b   *Total hours a week*

40) B11113a   *Shoot pool or billiards*

41) B11113a_freq   *Shoot pool or billiards rate per week*

42) B11113b   *Total hours a week*

43) B11114a   *Play singles tennis*

44) B11114a_freq   *Play singles tennis rate per week*

45) B11114b   *Total hours a week*

46) B11115a   *Play doubles tennis*

47) B11115a_freq   *Play doubles tennis rate per week*

48) B11115b   *Total hours a week*

49) B11116a   *Skate (ice, roller, in-line)*

50) B11116a_freq   *Skate rate per week*

51) B11116b   *Total hours a week*

52) B11117a   *Play a musical instrument*

53) B11117a_freq   *Play a musical instrument rate per week*

54) B11117b   *Total hours a week*

55) B11118a   *Read*

56) B11118a_freq   *Read rate per week*

57) B11118b   *Total hours a week*

58) B11119a   *Heavy work around the house (such as washing windows, cleaning gutters)*

59) B11119a_freq   *Heavy Work around the house rate per week*

60) B11119b   *Total hours a week*

61) B11120a   *Light work around the house (such as sweeping or vacuuming)*

62) B11120a_freq   *Light work around the house rate per week*

63) B11120b   *Total hours a week*

64) B11121a   *Heavy gardening (such as spading, raking)*

65) B11121a_freq   *Heavy gardening rate per week*

66) B11121b   *Total hours a week*

67) B11122a   *Light gardening (such as watering plants)*

68) B11122a_freq   *Light gardening rate per week*

69) B11122b   *Total hours a week*

70) B11123a   *Work on your car, truck, lawn mower, or other machinery*

71) B11123a_freq   *Work on your car, truck, lawn mower, or other machinery rate per week*

72) B11123b   *Total hours a week*

73) B11124a   *Jog or run*

74) B11124a_freq   *Jog or run rate per week*

75) B11124b   *Total hours a week*

76) B11125a   *Walk uphill or hike uphill*

77) B11125a_freq   *Walk uphill or hike uphill rate per week*

78) B11125b   *Total hours a week*

79) B11126a   *Walk fast or briskly for exercise*

80) B11126a_freq   *Walk fast or briskly for exercise rate per week*

81) B11126b   *Total hours a week*

82) B11127a   *Walk to do errands (such as to/from a store or to take children to school)*

83) B11127a_freq   *Walk to do errands (such as to/from a store or to take children to school) rate per week*

84) B11127b   *Total hours a week*

85) B11128a   *Walk leisurely for exercise or pleasure*

86) B11128a_freq   *Walk leisurely for exercise or pleasure rate per week*

87) B11128b   *Total hours a week*

88) B11129a   *Ride a bicycle or stationary cycle*

89) B11129a_freq   *Ride a bicycle or stationary cycle rate per week*

90) B11129b   *Total hours a week*

91) B11130a   *Do other aerobic machines such as rowing, or step machines*

92) B11130a_freq   *Do other aerobic machines such as rowing, or step machines rate per week*

93) B11130b   *Total hours a week*

94) B11131a   *Do water exercises*

95) B11131a_freq   *Do water exercises rate per week*

96) B11131b   *Total hours a week*

97) B11132a   *Swim moderately or fast*

98) B11132a_freq   *Swim moderately or fast rate per week*

99) B11132b   *Total hours a week*

100) B11133a   *Jog or run*

101) B11133a_freq   *Jog or run rate per week*

102) B11133b   *Total hours a week*

103) B11134a   *Walk uphill or hike uphill*

104) B11134a_freq   *Walk uphill or hike uphill rate per week*

105) B11134b   *Total hours a week*

106) B11135a   *Do yoga or Tai-chi*

107) B11135a_freq   *Do yoga or Tai-chi rate per week*

108) B11135b   *Total hours a week*

109) B11136a   *Do aerobics or aerobic dancing*

110)   B11136a_freq   *Do aerobics or aerobic dancing rate per week*

111) B11136b   *Total hours a week*

112) B11137a   *Do moderate to heavy strength training (such as hand-held weights of more than 5 lbs., weight machines, or push-ups)*

113) B11137a_freq   *Do moderate to heavy strength training rate per week*

114) B11137b   *Total hours a week*

115) B11138a   *Do light strength training (such as hand-held weights of 5 lbs. or less or elastic bands)*

116) B11138a_freq   *Do light strength training rate per week*

117) B11138b   *Total hours a week*

118) B11139a   *Do general conditioning exercises, such as light calisthenics or chair exercises (do not count strength training)*

119) B11139a_freq   *Do general conditioning exercises, such as light calisthenics or chair exercises rate per week*

120) B11139b   *Total hours a week*

121) B11140a   *Play basketball, soccer, or racquetball (do not count time on sidelines)*

122) B11140a_freq   *Play basketball, soccer, or racquetball rate per week*

123) B11140b   *Total hours a week*

124) B11141a   *Play golf, riding a cart (walking time only)*

125) B11141a_freq   *Play golf, riding a cart rate per week*

126) B11141b   *Total hours a week*

127) B11141s   *Other types of physical activity not previously mentioned specified*

1)   Variable Name   **JHUANONID**

        Short Description   Participant ID Anonymized by JHU

               Source   NA

        Question Text   NA

    Time of Collection   Baseline

           Data Type   Character

      Allowable Codes   JHU + 6 numbers

        Missing OK If   NA

       Audit Findings   NA

          Comments   None

2)   Variable Name   **VISITNO**

     Short Description   Chronological visit number

     Source   Form B11-CHAMPS

     Question Text   NA

     Time of Collection   Baseline and Follow-up

     Data Type   Numeric

     Allowable Codes   Integers from 101 to TBD

     Missing OK If   NA

     Audit Findings   No NIH or JHU audit

     Comments   None

3)   Variable Name   **MOFROMBL**

     Short Description   Months since baseline visit

     Source   DERIVED

     Question Text   NA

     Time of Collection   Baseline and Follow-up

     Data Type   Numeric

     Allowable Codes   Min = 0
     Max = 999

     Missing OK If   NA

     Audit Findings   NA

     Comments   Calculated as months between the baseline start date and the recorded CHAMPS date.

4) Variable Name **B11101a**

Short Description Visit with friends or family

Source Form B11-CHAMPS

Question Text Visit with friends or family (other than those you live with)?

Time of Collection Baseline and Follow-up

Data Type Char

Allowable Codes Yes = 1
No = 0

Missing OK If NA

Audit Findings [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments JHU phase only

5) Variable Name **B11101a_freq**

Short Description Visit with friends or family rate per week

Source Form B11-CHAMPS

Question Text How many times a week?

Time of Collection Baseline and Follow-up

Data Type Numeric

Allowable Codes Positive integer

Missing OK If NA

Audit Findings [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments JHU phase only

6)   Variable Name   **B11101b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually do it?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

7)   Variable Name   **B11102a**

Short Description   Go to the senior center

Source   Form B11-CHAMPS

Question Text   Go to the senior center?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

8)   Variable Name   **B11102a_freq**

Short Description   Go to the senior center rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

9)   Variable Name   **B11102b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually do it?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

10)   Variable Name   **B11103a**

Short Description   Do volunteer work

Source   Form B11-CHAMPS

Question Text   Do volunteer work?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

11)   Variable Name   **B11103a_freq**

Short Description   Do volunteer work rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

12)   Variable Name   **B11103b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually do it?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

13)   Variable Name   **B11104a**

Short Description   Attend church or take part in church activities

Source   Form B11-CHAMPS

Question Text   Attend church or take part in church activities?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

14) Variable Name **B11104a_freq**

Short Description Attend church or take part in church activities rate per week

Source Form B11-CHAMPS

Question Text How many times a week?

Time of Collection Baseline and Follow-up

Data Type Numeric

Allowable Codes Positive integer

Missing OK If NA

Audit Findings [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments JHU phase only

15) Variable Name **B11104b**

Short Description Total hours a week

Source Form B11-CHAMPS

Question Text How many total hours a week did you usually attend it?

Time of Collection Baseline and Follow-up

Data Type Char

Allowable Codes 1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If NA

Audit Findings [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments JHU phase only

16) Variable Name **B11105a**

Short Description Attend other club or group meetings

Source Form B11-CHAMPS

Question Text Attend other club or group meetings?

Time of Collection Baseline and Follow-up

Data Type Char

Allowable Codes Yes = 1
No = 0

Missing OK If NA

Audit Findings [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments JHU phase only

17) Variable Name **B11105a_freq**

Short Description Attend other club or group meetings rate per week

Source Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection Baseline and Follow-up

Data Type Numeric

Allowable Codes Positive integer

Missing OK If NA

Audit Findings [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments JHU phase only

18)	Variable Name	**B11105b**
	Short Description	Total hours a week
	Source	Form B11-CHAMPS
	Question Text	How many total hours a week did you usually attend it?
	Time of Collection	Baseline and Follow-up
	Data Type	Char
	Allowable Codes	1=Less than 1 hour
		2=1-2½ hours
		3=3-4½ hours
		4=5-6½ hours
		5=7-8½ hours
		6=9 or more hours
	Missing OK If	NA
	Audit Findings	[JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)
	Comments	JHU phase only

19)	Variable Name	**B11106a**
	Short Description	Use a computer
	Source	Form B11-CHAMPS
	Question Text	Use a computer?
	Time of Collection	Baseline and Follow-up
	Data Type	Char
	Allowable Codes	Yes = 1
		No = 0
	Missing OK If	NA
	Audit Findings	[JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)
	Comments	JHU phase only

20) Variable Name **B11106a_freq**

Short Description Use a computer rate per week

Source Form B11-CHAMPS

Question Text How many times a week?

Time of Collection Baseline and Follow-up

Data Type Numeric

Allowable Codes Positive integer

Missing OK If NA

Audit Findings [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments JHU phase only

21) Variable Name **B11106b**

Short Description Total hours a week

Source Form B11-CHAMPS

Question Text How many total hours a week did you usually use it?

Time of Collection Baseline and Follow-up

Data Type Char

Allowable Codes 1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If NA

Audit Findings [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments JHU phase only

22)   Variable Name   **B11107a**

Short Description   Dance (such as square, folk, line, ballroom) (do not count aerobic dance here)

Source   Form B11-CHAMPS

Question Text   Dance?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

23)   Variable Name   **B11107a_freq**

Short Description   Dance rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

24) Variable Name **B11107b**

Short Description Total hours a week

Source Form B11-CHAMPS

Question Text   How many total hours a week did you usually do it?

Time of Collection Baseline and Follow-up

Data Type Char

Allowable Codes 1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If NA

Audit Findings [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments JHU phase only

25) Variable Name **B11108a**

Short Description Do woodworking, needlework, drawing, or other arts or crafts

Source Form B11-CHAMPS

Question Text Do woodworking, needlework, drawing, or other arts or crafts?

Time of Collection Baseline and Follow-up

Data Type Char

Allowable Codes Yes = 1
No = 0

Missing OK If NA

Audit Findings [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments JHU phase only

26)   Variable Name   **B11108a_freq**

Short Description   Do woodworking, needlework, drawing, or other arts or crafts rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

27)   Variable Name   **B11108b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually do it?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

28)   Variable Name   **B11109a**

Short Description   Play golf, carrying or pulling your equipment (count walking time only)

Source   Form B11-CHAMPS

Question Text   Play golf, carrying or pulling your equipment?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

29)   Variable Name   **B11109a_freq**

Short Description   Play golf, carrying or pulling your equipment rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

30)   Variable Name   **B11109b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually play it?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

31)   Variable Name   **B11110a**

Short Description   Play golf, riding a cart (count walking time only)

Source   Form B11-CHAMPS

Question Text   Play golf, riding a cart?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

32)   Variable Name   **B11110a_freq**

Short Description   Play golf, riding a cart rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

33)   Variable Name   **B11110b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually play it?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

34)   Variable Name   **B11111a**

Short Description   Attend a concert, movie, lecture, or sport event

Source   Form B11-CHAMPS

Question Text   Attend a concert, movie, lecture, or sport event?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

35)   Variable Name   **B11111a_freq**

Short Description   Attend a concert, movie, lecture, or sport event rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

36)   Variable Name   **B11111b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually attend it?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

37)   Variable Name   **B11112a**

Short Description   Play cards, bingo, or board games with other people

Source   Form B11-CHAMPS

Question Text   Play cards, bingo, or board games with other people?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

38)   Variable Name   **B11112a_freq**

Short Description   Play cards, bingo, or board games with other people rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

39)   Variable Name   **B11112b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually play it?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

40)   Variable Name   **B11113a**

Short Description   Shoot pool or billiards

Source   Form B11-CHAMPS

Question Text   Shoot pool or billiards?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

41)   Variable Name   **B11113a_freq**

Short Description   Shoot pool or billiards rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

42)   Variable Name   **B11113b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually shoot it?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

43)   Variable Name   **B11114a**

Short Description   Play singles tennis (do not count doubles)

Source   Form B11-CHAMPS

Question Text   Play singles tennis?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

44) Variable Name **B11114a_freq**

Short Description Play singles tennis rate per week

Source Form B11-CHAMPS

Question Text How many times a week?

Time of Collection Baseline and Follow-up

Data Type Numeric

Allowable Codes Positive integer

Missing OK If NA

Audit Findings [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments JHU phase only

45) Variable Name **B11114b**

Short Description Total hours a week

Source Form B11-CHAMPS

Question Text How many total hours a week did you usually play it?

Time of Collection Baseline and Follow-up

Data Type Char

Allowable Codes 1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If NA

Audit Findings [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments JHU phase only

46)   Variable Name   **B11115a**

Short Description   Play doubles tennis (do not count singles)

Source   Form B11-CHAMPS

Question Text   Play doubles tennis?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

47)   Variable Name   **B11115a_freq**

Short Description   Play doubles tennis rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

48)   Variable Name   **B11115b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually play it?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

49)   Variable Name   **B11116a**

Short Description   Skate (ice, roller, in-line)

Source   Form B11-CHAMPS

Question Text   Skate?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

50)   Variable Name   **B11116a_freq**

Short Description   Skate rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

51)   Variable Name   **B11116b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually do it?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

52)   Variable Name   **B11117a**

Short Description   Play a musical instrument

Source   Form B11-CHAMPS

Question Text   Play a musical instrument?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

53)   Variable Name   **B11117a_freq**

Short Description   Play a musical instrument rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

54)   Variable Name   **B11117b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually play it?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

55)   Variable Name   **B11118a**

Short Description   Read

Source   Form B11-CHAMPS

Question Text   Read?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

56)   Variable Name   **B11118a_freq**

Short Description   Read rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

57)   Variable Name   **B11118b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually read?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

58)   Variable Name   **B11119a**

Short Description   Do heavy work around the house (such as washing windows, cleaning gutters)

Source   Form B11-CHAMPS

Question Text   Do heavy work around the house?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

59)   Variable Name   **B11119a_freq**

Short Description   Do heavy work around the house rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

60) Variable Name **B11119b**

Short Description Total hours a week

Source Form B11-CHAMPS

Question Text How many total hours a week did you usually do it?

Time of Collection Baseline and Follow-up

Data Type Char

Allowable Codes 1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If NA

Audit Findings [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments JHU phase only

61) Variable Name **B11120a**

Short Description Do light work around the house (such as sweeping or vacuuming)

Source Form B11-CHAMPS

Question Text Do light work around the house?

Time of Collection Baseline and Follow-up

Data Type Char

Allowable Codes Yes = 1
No = 0

Missing OK If NA

Audit Findings [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments JHU phase only

62)   Variable Name   **B11120a_freq**

Short Description   Do light work around the house rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

63)   Variable Name   **B11120b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually do it?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

64)   Variable Name   **B11121a**

Short Description   Do heavy gardening (such as spading, raking)

Source   Form B11-CHAMPS

Question Text   Do heavy gardening?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

65)   Variable Name   **B11121a_freq**

Short Description   Do heavy gardening rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

66)   Variable Name   **B11121b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually do it?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

67)   Variable Name   **B11122a**

Short Description   Do light gardening (such as watering plants)

Source   Form B11-CHAMPS

Question Text   Do light gardening?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

68)   Variable Name   **B11122a_freq**

Short Description   Do light gardening rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

69)   Variable Name   **B11122b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually do it?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

70) Variable Name **B11123a**

Short Description   Work on your car, truck, lawn mower, or other machinery

Source   Form B11-CHAMPS

Question Text   Work on your car, truck, lawn mower, or other machinery?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

71) Variable Name **B11123a_freq**

Short Description   Work on your car, truck, lawn mower, or other machinery rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

72)   Variable Name   **B11123b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually do it?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

73)   Variable Name   **B11124a**

Short Description   Jog or run

Source   Form B11-CHAMPS

Question Text   Jog or run?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

74)   Variable Name   **B11124a_freq**

Short Description   Jog or run rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

75)   Variable Name   **B11124b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually do it?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

76)   Variable Name   **B11125a**

Short Description   Walk uphill or hike uphill (count only uphill part)

Source   Form B11-CHAMPS

Question Text   Walk uphill or hike uphill?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

77)   Variable Name   **B11125a_freq**

Short Description   Walk uphill or hike uphill rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

78)   Variable Name   **B11125b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually do it?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

79)   Variable Name   **B11126a**

Short Description   Walk fast or briskly for exercise (do not count walking leisurely or uphill)

Source   Form B11-CHAMPS

Question Text   Walk fast or briskly for exercise?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

80) Variable Name **B11126a_freq**

Short Description Walk fast or briskly for exercise rate per week

Source Form B11-CHAMPS

Question Text How many times a week?

Time of Collection Baseline and Follow-up

Data Type Numeric

Allowable Codes Positive integer

Missing OK If NA

Audit Findings [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments JHU phase only

81) Variable Name **B11126b**

Short Description Total hours a week

Source Form B11-CHAMPS

Question Text How many total hours a week did you usually do it?

Time of Collection Baseline and Follow-up

Data Type Char

Allowable Codes 1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If NA

Audit Findings [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments JHU phase only

82) Variable Name   **B11127a**

Short Description   Walk to do errands (such as to/from a store or to take children to school) (count walk time only)

Source   Form B11-CHAMPS

Question Text   Walk to do errands?

Time of Collection   Baseline and Follow-up Data

Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

83) Variable Name   **B11127a_freq**

Short Description   Walk to do errands rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

84)   Variable Name   **B11127b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually do it?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

85)   Variable Name   **B11128a**

Short Description   Walk leisurely for exercise or pleasure

Source   Form B11-CHAMPS

Question Text   Walk leisurely for exercise or pleasure?

Time of Collection   Baseline and Follow-up Data

Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

86)   Variable Name   **B11128a_freq**

Short Description   Walk leisurely for exercise or pleasure rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

87)   Variable Name   **B11128b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually do it?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

88)   Variable Name   **B11129a**

Short Description   Ride a bicycle or stationary cycle

Source   Form B11-CHAMPS

Question Text   Ride a bicycle or stationary cycle?

Time of Collection   Baseline and Follow-up Data

Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

89)   Variable Name   **B11129a_freq**

Short Description   Ride a bicycle or stationary cycle rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

90)   Variable Name   **B11129b**

Short Description	Total hours a week
Source	Form B11-CHAMPS
Question Text	How many total hours a week did you usually do it?
Time of Collection	Baseline and Follow-up
Data Type	Char
Allowable Codes	1=Less than 1 hour 2=1-2½ hours 3=3-4½ hours 4=5-6½ hours 5=7-8½ hours 6=9 or more hours
Missing OK If	NA
Audit Findings	[JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)
Comments	JHU phase only

91)   Variable Name   **B11130a**

Short Description	Do other aerobic machines such as rowing, or step machines (do not count treadmill or stationary cycle)
Source	Form B11-CHAMPS
Question Text	Do other aerobic machines such as rowing, or step machines?
Time of Collection	Baseline and Follow-up Data
Type	Char
Allowable Codes	Yes = 1 No = 0
Missing OK If	NA
Audit Findings	[JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)
Comments	JHU phase only

92)   Variable Name   **B11130a_freq**

Short Description   Do other aerobic machines such as rowing, or step machines rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

93)   Variable Name   **B11130b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually do it?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

94)   Variable Name   **B11131a**

Short Description	Do water exercises (do not count other swimming)
Source	Form B11-CHAMPS
Question Text	Do water exercises?
Time of Collection	Baseline and Follow-up Data
Type	Char
Allowable Codes	Yes = 1
	No = 0
Missing OK If	NA
Audit Findings	[JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)
Comments	JHU phase only

95)   Variable Name   **B11131a_freq**

Short Description	Do water exercises rate per week
Source	Form B11-CHAMPS
Question Text	How many times a week?
Time of Collection	Baseline and Follow-up
Data Type	Numeric
Allowable Codes	Positive integer
Missing OK If	NA
Audit Findings	[JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)
Comments	JHU phase only

96)   Variable Name   **B11131b**

    Short Description   Total hours a week

    Source   Form B11-CHAMPS

    Question Text   How many total hours a week did you usually do it?

    Time of Collection   Baseline and Follow-up

    Data Type   Char

    Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

    Missing OK If   NA

    Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

    Comments   JHU phase only

97)   Variable Name   **B11132a**

    Short Description   Swim moderately or fast

    Source   Form B11-CHAMPS

    Question Text   Swim moderately or fast?

    Time of Collection   Baseline and Follow-up   Data

    Type   Char

    Allowable Codes   Yes = 1
No = 0

    Missing OK If   NA

    Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

    Comments   JHU phase only

98)   Variable Name   **B11132a_freq**

Short Description   Swim moderately or fast rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

99)   Variable Name   **B11132b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually do it?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

100)   Variable Name   **B11133a**

Short Description   Swim gently

Source   Form B11-CHAMPS

Question Text   Swim gently?

Time of Collection   Baseline and Follow-up Data

Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

101)   Variable Name   **B11133a_freq**

Short Description   Swim gently rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

102)   Variable Name   **B11133b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually do it?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

103)   Variable Name   **B11134a**

Short Description   Do stretching or flexibility exercises (do not count yoga or Tai-chi)

Source   Form B11-CHAMPS

Question Text   Do stretching or flexibility exercises?

Time of Collection   Baseline and Follow-up Data

Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

104)   Variable Name   **B11134a_freq**

Short Description   Do stretching or flexibility exercises rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

105)   Variable Name   **B11134b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually do it?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

106)   Variable Name   **B11135a**

     Short Description   Do yoga or Tai-chi

     Source   Form B11-CHAMPS

     Question Text   Do yoga or Tai-chi?

     Time of Collection   Baseline and Follow-up   Data

     Type   Char

     Allowable Codes   Yes = 1
            No = 0

     Missing OK If   NA

     Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

     Comments   JHU phase only

107)   Variable Name   **B11135a_freq**

     Short Description   Do yoga or Tai-chi rate per week

     Source   Form B11-CHAMPS

     Question Text   How many times a week?

     Time of Collection   Baseline and Follow-up

     Data Type   Numeric

     Allowable Codes   Positive integer

     Missing OK If   NA

     Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

     Comments   JHU phase only

108)   Variable Name   **B11135b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually do it?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

109)   Variable Name   **B11136a**

Short Description   Do aerobics or aerobic dancing

Source   Form B11-CHAMPS

Question Text   Do aerobics or aerobic dancing?

Time of Collection   Baseline and Follow-up Data

Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

110)   Variable Name   **B11136a_freq**

Short Description	Do aerobics or aerobic dancing rate per week
Source	Form B11-CHAMPS
Question Text	How many times a week?
Time of Collection	Baseline and Follow-up
Data Type	Numeric
Allowable Codes	Positive integer
Missing OK If	NA
Audit Findings	[JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)
Comments	JHU phase only

111)   Variable Name   **B11136b**

Short Description	Total hours a week
Source	Form B11-CHAMPS
Question Text	How many total hours a week did you usually do it?
Time of Collection	Baseline and Follow-up
Data Type	Char
Allowable Codes	1=Less than 1 hour 2=1-2½ hours 3=3-4½ hours 4=5-6½ hours 5=7-8½ hours 6=9 or more hours
Missing OK If	NA
Audit Findings	[JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)
Comments	JHU phase only

112)   Variable Name   **B11137a**

Short Description   Do moderate to heavy strength training (such as hand-held weights of more than 5 lbs., weight machines, or push-ups)

Source   Form B11-CHAMPS

Question Text   Do moderate to heavy strength training?

Time of Collection   Baseline and Follow-up Data

Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

113)   Variable Name   **B11137a_freq**

Short Description   Do moderate to heavy strength training rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

114)   Variable Name   **B11137b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually do it?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

115)   Variable Name   **B11138a**

Short Description   Do light strength training (such as hand-held weights of 5 lbs. or less or elastic bands)

Source   Form B11-CHAMPS

Question Text   Do light strength training?

Time of Collection   Baseline and Follow-up Data

Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

116) Variable Name **B11138a_freq**

Short Description Do light strength training rate per week

Source Form B11-CHAMPS

Question Text How many times a week?

Time of Collection Baseline and Follow-up

Data Type Numeric

Allowable Codes Positive integer

Missing OK If NA

Audit Findings [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments JHU phase only

117) Variable Name **B11138b**

Short Description Total hours a week

Source Form B11-CHAMPS

Question Text How many total hours a week did you usually do it?

Time of Collection Baseline and Follow-up

Data Type Char

Allowable Codes 1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If NA

Audit Findings [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments JHU phase only

118)   Variable Name   **B11139a**

Short Description   Do general conditioning exercises, such as light calisthenics or chair exercises (do not count

strength training)

Source   Form B11-CHAMPS

Question Text   Do general conditioning exercises, such as light calisthenics or chair exercises?

Time of Collection   Baseline and Follow-up Data

Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

119)   Variable Name   **B11139a_freq**

Short Description   Do general conditioning exercises, such as light calisthenics or chair exercises rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

120) Variable Name **B11139b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually do it?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

121) Variable Name   **B11140a**

Short Description   Play basketball, soccer, or racquetball (do not count time on sidelines)

Source   Form B11-CHAMPS

Question Text   Play basketball, soccer, or racquetball?

Time of Collection   Baseline and Follow-up Data

Type   Char

Allowable Codes   Yes = 1
No = 0

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

122)   Variable Name   **B11140a_freq**

Short Description   Play basketball, soccer, or racquetball rate per week

Source   Form B11-CHAMPS

Question Text   How many times a week?

Time of Collection   Baseline and Follow-up

Data Type   Numeric

Allowable Codes   Positive integer

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

123)   Variable Name   **B11140b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually do it?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

124)   Variable Name   **B11141a**

    Short Description   Do other types of physical activity not previously mentioned

    Source   Form B11-CHAMPS

    Question Text   Do other types of physical activity not previously mentioned?

    Time of Collection   Baseline and Follow-up Data

    Type   Char

    Allowable Codes   Yes = 1
    No = 0

    Missing OK If   NA

    Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

    Comments   JHU phase only

125)   Variable Name   **B11141a_freq**

    Short Description   Do other types of physical activity not previously mentioned rate per week

    Source   Form B11-CHAMPS

    Question Text   How many times a week?

    Time of Collection   Baseline and Follow-up

    Data Type   Numeric

    Allowable Codes   Positive integer

    Missing OK If   NA

    Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

    Comments   JHU phase only

126)   Variable Name   **B11141b**

Short Description   Total hours a week

Source   Form B11-CHAMPS

Question Text   How many total hours a week did you usually do it?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   1=Less than 1 hour
2=1-2½ hours
3=3-4½ hours
4=5-6½ hours
5=7-8½ hours
6=9 or more hours

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only

127)   Variable Name   **B11141s**

Short Description   Other types of physical activity not previously mentioned specified

Source   Form B11-CHAMPS

Question Text   Other types of physical activity?

Time of Collection   Baseline and Follow-up

Data Type   Char

Allowable Codes   Text

Missing OK If   NA

Audit Findings   [JHU Audits]: B11 form error rate = 0.0% (based on 173 forms as of Jul2019)

Comments   JHU phase only